Upgrade Standards: SGE/Premier

★★☆ Instructor

Any individual who desires to advance to become a StarGuard Two Star Instructor candidate must meet the following minimum requirements:

- A current One Star StarGuard Lifeguard Instructor or current instructor certification with another nationally recognized training agency
- A minimum of two (2) years of experience in the Aquatics industry
- Approval by the Training Center Director (application must be submitted-will email if interested).
- Shall possess demonstrated classroom organization skills, leadership ability, content mastery, and maturity prior to applying.
- Candidate must also have completed the following:

    1. Assisted a minimum of two (2) complete StarGuard certification courses as a Co-Instructor
    2. Completed the Level 2 advancement form to include teaching all the highlighted skills at "Initial" level (on own under the observation of a current Level 3)
    3. Proficient level content knowledge of StarGuard ELITE curriculum and skills
    4. Proven ability to teach and demonstrate BLS and SGE water skills at proficient levels.
    5. Proven ability to understand the Five-step Instructional Approach for Skill Development (Describe, Demonstrate, Drill and Debrief)
    6. The understanding how to create a positive atmosphere for learning and participation.

Additional requirements the 2-Star Instructor candidate will need to complete:

6. Completion of 2-Star Application (will be sent in an email if interested).
7. The understanding of how to close out a course by submitting any administrative paperwork or enter online via the lifeguard portal.

If any of the defined steps are not completed, the instructor candidate cannot be considered for upgrade. All Level 2 instructor candidate upgrades will be approved by SGE Faculty or authorized Instructor Trainer.

★★★ Instructor

How to Become a 3-Star Instructor – StarGuard ELITE Instructor Trainer Upgrade Process

Any individual who desires to advance to become a StarGuard Instructor Trainer candidate must meet the following minimum requirements:

- A current 2-star StarGuard Lifeguard Instructor or current LGIT with another nationally recognized training agency.
- A minimum of three (3) years of experience as a lead trainer for lifeguard certification courses.
- A minimum of five (5) years of experience in the Aquatics industry.
- Completion of 3-Star Application (will be sent in an email if interested)
- Register for a regional Instructor Development Course a minimum of thirty (30) days before the start date. A maximum of three (3) spots are held for new 3-Star Instructor upgrades, at each regional course.
- Pay a $100.00 upgrade application and processing fee (2-Courses). This fee will be in addition to your registration fee to attend the course.

The Instructor Trainer candidate shall possess demonstrated classroom organization skills, leadership ability, content mastery, and maturity prior to applying. The Instructor Trainer candidate shall provide permission/letter of recommendation from the current StarGuard Training Center Director documenting and demonstrating the following:

1. The Training Center's need for an Instructor Trainer
2. Expert level content knowledge of StarGuard ELITE curriculum and skills
3. Proven ability to teach and demonstrate BLS and SGE water skills at an expert level
4. Proven ability to mentor and develop staff from a new employee to a position of leadership
5. Completion of 3-Star Application.
6. Provide all the above-referenced documentation to the SGE IDC training director prior for approval before being admitted to an IDC as an Instructor Trainer candidate
7. Provide all the above-referenced documentation to the attending Regional IDC SGE Faculty Member in written form
8. Assist with a minimum of two (2) Regional Instructor Development Courses (IDCs)

How to Renew a 3-Star Instructor – StarGuard ELITE Instructor Trainer Renewal Process

Any individual who desires to renew their 3-Star StarGuard Instructor Trainer status must meet the following minimum requirements:

- Completion of a 3-Star Renewal Application (will be emailed upon notification).
- Completion of the 3-Star renewal online learning. (Coming Fall 2023)
- All 3-Star instructors must have led a minimum of two (2) in-house Instructor Development courses during their current certification period to renew as a 3-Star instructor.

Questions or Variance Requests

If any of the defined steps are not completed or a variance is being requested, the Instructor Trainer candidate should contact Chelsea Cannon to discuss further.